

The Hero's Journey Stage 3: The Return

	Name	Explanation	Example
Step 7	Refusal of the Return	The hero may not wish to return to his/her ordinary world with the reward. Sometimes the hero does not want to look back on the past; sometimes he/she likes the new world better.	
Step 8	The Magic Flight	The hero experiences danger or adventure as he or she returns "home" (psychologically or physically).	
Step 9	Rescue from Without	The hero is guided back home with help from others- sometimes the same person that provided love and support throughout the journey.	
Step 10	The Crossing or Return Threshold	The hero returns home, retaining the wisdom he or she gained on the journey.	

