

Hero's Journey Stage 1: The Departure

Name	Explanation	Example
The Call to Adventure	The future hero is first given notice that his or her life is going to change.	
The Refusal of the Call	The hero may be scared to take on the adventure, and may have second thoughts or hesitate.	
The Beginning of the Adventure	The hero begins the adventure by leaving the world he or she knows and goes to a world where everything is different.	